

# STUDENT HEALTH CENTER TIPS

Your Prescription Medications

1. ADHD medications
2. All other medications

what you need to know

# ADHD MEDICATIONS

## REQUIRED:

1. A formal medical or psychological evaluation diagnosing ADD/ADHD
2. A current prescription, stating dose and details such as how many times per day the medication is taken

# Once We Have That Info...

- You can schedule an appointment with the nurse practitioner for a medication refill
- A controlled substance contract will be reviewed and signed
- You can get a prescription for a ONE MONTH supply of your medication

# What We WILL Do

- Check your blood pressure and weight each month
- Screen for problems with your current dose
- Write a new prescription every 28 days as needed

# What We WON'T Do

- Re-write prescriptions that were lost/misplaced/damaged/stolen
- Refill early, unless we are making changes and titrating doses
- Initiate medication treatment for ADD/ADHD. That requires a formal psychological evaluation per Student Health Center policy

ALL OTHER  
MEDICATION  
PRESCRIPTIONS

# Non-ADD/ADHD Meds

- Birth Control
- Asthma meds
- Acne meds
- Blood Pressure meds
- Anti-depressants
- others

- Make an appointment to see the nurse practitioner for a medication refill
- Bring in your pill bottle or pack
- We may require notes from your doctor/NP who prescribed this
- We may need to arrange for lab testing or exams before refilling

WE RESERVE THE RIGHT TO REFUSE TO  
PRESCRIBE ANY MEDICINE.  
IN THAT CASE, WE WILL ARRANGE FOR YOU TO  
CONSULT WITH A DOCTOR/SPECIALIST.  
This is mainly for narcotics, controlled substances  
for anxiety or sleep, etc.